

# October 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28 JW: 8, 9:15, 10:30a Lap Swim: 5-8 am & 12:30-5 pm	29 JW: 10am Lap Swim: 5-8 am & 12:30-5 pm	30 JW: 8, 9:15, 10:30a Lap Swim: 5-8 am & 12:30-5 pm	1 JW: 10am Lap Swim: 5-8 am & 12:30-5 pm	2 JW: 8, 9:15, 10:30a Lap Swim: 5-8 am & 12:30-5 pm	3 Lap Swim 8:00am-12:00pm
4	5 JW: 8, 9:15, 10:30a Lap Swim: 5-8 am & 12:30-5 pm	6 JW: 10am Lap Swim: 5-8 am & 12:30-5 pm	7 JW: 8, 9:15, 10:30a Lap Swim: 5-8 am & 12:30-5 pm	8 JW: 10am Lap Swim: 5-8 am & 12:30-5 pm	9 JW: 8, 9:15, 10:30a Lap Swim: 5-8 am & 12:30-5 pm	10 Lap Swim: 8- 8:35am, 11-12 Mini Reverse Triathlon 8:30am
11	12 JW: 8, 9:15, 10:30a Lap Swim: 5-8 am & 12:30-5 pm	13 JW: 10am Lap Swim: 5-8 am & 12:30-5 pm	14 JW: 8, 9:15, 10:30a Lap Swim: 5-8 am & 12:30-5 pm	15 JW: 10am Lap Swim: 5-8 am & 12:30-5 pm	16 JW: 8, 9:15, 10:30a Lap Swim: 5-8 am & 12:30-5 pm	17 Lap Swim 8:00am-12:00pm
18	19 JW: 8, 9:15, 10:30a Lap Swim: 5-8 am & 12:30-5 pm	20 JW: 10am Lap Swim: 5-8 am & 12:30-5 pm	21 JW: 8, 9:15, 10:30a Lap Swim: 5-8 am & 12:30-5 pm	22 JW: 10am Lap Swim: 5-8 am & 12:30-5 pm	23 JW: 8, 9:15, 10:30a Lap Swim: 5-8 am & 12:30-5 pm	24 Lap Swim 8:00am-12:00pm
25	26 JW: 8, 9:15, 10:30a Lap Swim: 5-8 am & 12:30-5 pm	27 JW: 10am Lap Swim: 5-8 am & 12:30-5 pm	28 JW: 8, 9:15, 10:30a Lap Swim: 5-8 am & 12:30-5 pm	29 JW: 10am Lap Swim: 5- 8 am 12:30-5 pm Spooktacular 5- 7:30pm	30 JW: 8, 9:15, 10:30a Lap Swim: 5-8 am & 12:30-5 pm	31 Lap Swim 8:00am-12:00pm
1	2 JW: 8, 9:15, 10:30a Lap Swim: 5-8 am & 12:30-5 pm	Notes Joint Works classes and Lap Swim are by appointment only and can be made by calling the front desk at 449-4500				